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Mr. Matthew Biemiller
- **Vice-Principal:**
Mrs. Annette Livi
- **School Office Admin Assistant:**
Mrs. Lisa J. Wilson
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Inside this issue:

Character Matters	2
Fresh from the Farm	2
Holiday Campaign	2
Volleyball Results	2
Cross Country Results	2
Cell Phone & Camera Usage	2
Progress Reports	3
EQAO Results	3
Volunteer Opportunities	4
Search & Seizure	4
Fruits & Veggies	4
Math Homework	5
High School Information Nights	5
Remembrance Day	5
Winter Weather Thank you!	5
Arrival Times for JKs & SKs	6
Late Busses	6
Hallowe'en Candy	6
Exchange Programs	7
Calendar	8

Principal's Message

With both falling leaves and falling temperatures, November has definitely arrived at Highview. The school has continued to be a very busy place. Students have been involved in range of activities and service clubs including Library Helpers, the Eco Team, Healthy Schools Team, Highview Heroes, and Kindergarten Helpers. Students have also competed in a range of sports activities including our Cross Country and Volleyball Teams. We are especially proud of the efforts of our Girls Volleyball Team who won the Tier Two Area championship! I would like to thank all the staff who have organized and run these events on behalf of our students.

As a school, we have been working on several initiatives related to health and wellbeing. The Healthy Schools - Mental Health Club wanted to promote World Mental Health Awareness Day by having all of the students think about what mental health means to them. They decided that the school would participate in a sticky note activity. Each class was given sticky notes of different colours. The Primary students were asked to write or draw something that made them happy. The Junior & Intermediate students were asked to write about what mental health meant to them. The students took all of the sticky notes and created one mural (see photo below). On the announcements, the students also explained that by working together, we can have a huge, positive impact on our mental health.

As well, several staff have created the PBY (Plan a Better You) club. This club focusses on "mindfulness" and supporting students in learning different mindfulness strategies that they can utilize to support themselves. The club runs twice a week - once for Junior students and once for Intermediate students.

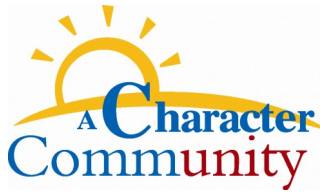
Teachers have been working on the Elementary Progress Report Cards which will be sent home on Wednesday, November 21st. You will shortly be receiving information about the upcoming Parent/Teacher interviews. These interviews will be held the **evening of Thursday, November 22nd** and during the **morning on Friday, November 23rd**. We look forward to meeting with you and to continuing our work together to support our students.

Finally, as the weather turns, we are noticing increased congestion in our parking lot at the beginning and end of the day. When dropping your child in the morning, please reinforce with them the importance of using the sidewalk and the crosswalk. We ask that children never cross between parked cars or busses, but rather use the identified crosswalk with school staff guiding them. As well, if you pick up your child at the end of the day, please ensure you have arranged a meeting spot close to the school, but not in our parking lot. Please avoid parking in our bus loop or illegally blocking one of our neighbours' driveways. Thank you for support with this.

Mr. Biemiller



Character Matters



but it makes the world a better place.”

Our Character Trait for the Month of November is **Empathy**:

“Empathy is about standing in someone else's shoes, feeling with his or her heart, seeing with his or her eyes. Not only is empathy hard to outsource and automate,

Character Calendar

**Respect, Responsibility,
Empathy, Honesty,
Fairness, Initiative,
Perseverance, Integrity
Courage, Optimism**

Fresh From the Farm Fundraiser



We would like to thank the Highview community for supporting our Healthy School “Fresh From the Farm” fundraiser. Thanks to our community's generous support, our Healthy School team raised over \$ 700.00. A special shout-out goes to the Ware family who raised over \$350.00!

We greatly appreciate the Highview community for supporting our fundraiser. All monies will go towards our healthy snack program which includes making apples and cheese available to all students.



Aurora Lions Holiday Campaign



The Aurora Lions' Club is once again conducting their Holiday Campaign collecting donations of toys, children's pyjamas and food throughout Aurora and York Region. All donations collected are distributed to families in Aurora and York Region! Please bring in non-perishable foods, NEW pyjamas and NEW unwrapped toys between November 12th and December 10th. There will be collection boxes in the front lobby. Thank you for your generosity, Highview!



**CONGRATULATIONS TO OUR INTERMEDIATE GIRLS' VOLLEYBALL TEAM. THEY WENT UNDEFEATED IN THE AREA TOURNAMENT AND ARE TIER 2 CHAMPIONS!
WAY TO GO, LADY HAWKS!!**

Cross Country Results

A great big congratulations to the members of our Cross Country team! Their commitment and consistent practice resulted in many accomplishments at the Area Meet which took place on October 10th. Most finished the race without quitting, some finished faster than they had ever run and some placed in the top 15.

Regional Results: We would like to congratulate and recognize all of our students who made it to the Regional Meet: Leiba B.; Cameron J.; Natalie M.; William F.; Julia F.; Kalista K.; Thomas M.; and Josh B. **A special congratulations goes to Josh B. who placed second in the Senior Boys' division.** Congratulations on your fine showing, Hawks!

Cell Phone and Camera Use

Cell phones are a wonderful convenience and can also be a useful safety tool for students to be able to contact family members in some circumstances. However, the inappropriate use of digital photographs and video footage can be a very serious danger for our students as well. **If** cell phones must come to school with students, the following policy applies at H.P.S.:

- Cell phones must be **turned off** from 8:35 a.m. to 3:05 p.m.;
- Cell phones must be stored in a backpack or locker and **not used throughout the school day**;
- Cell phones are **not to be used in the school building**; a telephone in the office is available for students who need to contact parents for emergencies during the day;
- **Photographs of students at Highview P.S. must not be posted on the internet.**

The usual range of consequences, as outlined in the school's Behaviour Code, will apply to any students who disregard the expectations listed above. Parent support of school policy regarding cell phones is appreciated!



Progress Report and Parent-Teacher Interview Timelines

Most parents know that students receive a Progress Report Card in November and two Provincial Report Cards, one in February and one in June. The **Progress Report** will be issued on **Wednesday, November 21st**. Parent interviews will be held the **evening of Thursday, November 22nd** and during the **morning of Friday, November 23rd**. This will provide you the opportunity to have discussions regarding your child's Learning Skills and their general progress towards meeting the First Term expectations. Learning skills and work habits play a critical role in a student's achievement of the curriculum expectations. Information about a student's development of these skills and habits also provides a strong indication of the student's development as a self-directed learner.

The Learning Skills are:

Responsibility - completes and submits class work, homework, and assignments according to agreed upon timelines

Organization - establishes priorities and manages time to complete tasks and achieve goals

Independent Work - follows instructions with minimal supervision

Collaboration - accepts various roles and an equitable share of work in a group

Initiative - approaches new tasks with a positive attitude

Self-Regulation - perseveres and makes an effort when responding to challenges



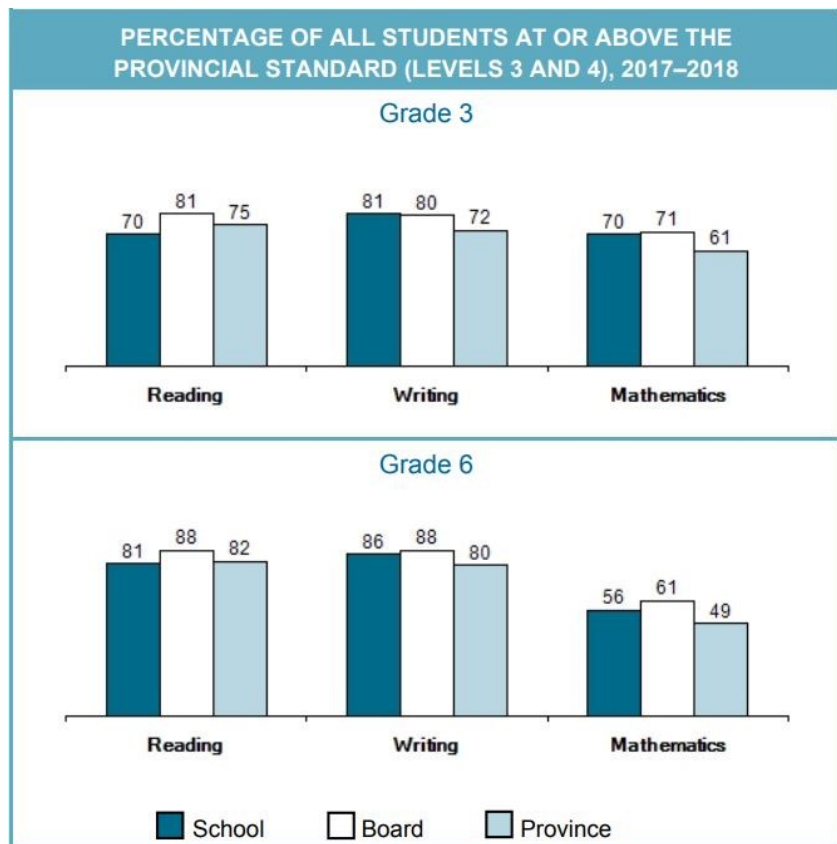
EQAO Results

Each year, students in Grade 3 and 6 participate in our provincial assessment of language and math, the EQAO. A detailed report of the school assessment that was completed in the spring of 2018 by our current Grade 4 and Grade 7 students is available on our school website, or by clicking [here](#).

The report documents the results of the school, board and province in reading, writing, and mathematics at the Grades 3 and 6 levels.

Parents of students currently in Grades 4 and 7 should have already received their child's individual student report documenting their child's individual results in the assessment.

The side bar shows the school's overall results. The detailed report includes information such as our school's progress over time.



Education Quality and Accountability Office



Volunteer Opportunities

We are currently seeking volunteers for our Volunteer Reading Program. Volunteers would need to complete the volunteer screening process with the York Regional Police prior to volunteering.

Volunteer Reading Program:

We are continuing our reading program to assist early primary students with their reading skills. Ms. Bakas and Mrs. Johnson will be training a group of dedicated volunteers who can be consistent in terms of the time they are committing, but we are flexible as to when that time is scheduled (morning/before lunch/afternoons). The volunteers will read with a student a few times a week. Training will be provided. For more information, please contact Ms. Bakas at georgia.bakas@yrdsb.ca or Mrs. Johnson at laura.johnson@yrdsb.ca



Search and Seizure

As per the protocol between the York Region District School Board and the York Regional Police, please be aware of the right of school administration to search school property, such as lockers, desks and backpacks, without notice to or permission of any person.



Also, from time to time, police may be invited onto any school premises to conduct their own searches without notice to or permission of any member of the school community other than the school principal.



Healthy Schools

More fruits and veggies please!



Eating more fruits and vegetables may help to protect our children from obesity, diabetes, heart disease and cancer. *Canada's Food Guide* recommends that children (four to 13 years) eat at least five to six servings of vegetables and fruit each day. A serving is ½ cup 100 per cent fruit juice or medium fresh fruit, ½ cup cooked vegetables or 1 cup salad.

Tips to encourage your children to eat more vegetables and fruit each day:

- ✓ Include fruit at breakfast e.g., ½ cup of banana slices or berries added to cereal
- ✓ Include two of a variety of fruits or vegetables for lunch daily. Applesauce and unsweetened canned fruit can be good when you run out of fresh fruit
- ✓ Have healthy snacks after school e.g., fresh chunks of fruit along with cheese and crackers or low fat fruit yogurt
- ✓ Keep washed fruit and vegetable sticks (baby carrots, green, yellow or red pepper strips, etc.) with low fat salad dressing for dipping ready where children can reach them
- ✓ Provide two vegetables for dinner and encourage children to choose at least one
- ✓ Set a good example by eating lots of vegetables and fruit yourself

For more information about creating a healthy school nutrition environment, visit www.nutritiontoolsforschools.ca

For health-related information call York Region *Health Connection* at 1-800-361-5653, TTY 1-866-252-9933 or visit www.york.ca/healthyschools

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Math Homework Help for Intermediate Students

TVO's Independent Learning Centre is pleased to partner with the Ontario Ministry of Education to bring Homework Help to Ontario students.



This site focuses on math help for students in Grades 7, 8, 9 and 10. Students have access to both guided and independent learning in a unique environment that combines technology and personal interaction. Key areas of the site include [Ask A Tutor Chat Rooms](#), [Listen & Learn presentations](#) with certified teachers, [Interactive Tutorials](#), and [Best Sessions](#).

Registration Information

Students may register using their Ontario Education Number (OEN)* and Date of Birth at homeworkhelp.ilc.org.

It is recommended that students use an anonymous username and password when registering.

*The OEN may be found on any Provincial Report Card or may be obtained from school.

You can access the website by clicking on following link. <https://homeworkhelp.ilc.org/about/index.php>

Attention Grade 8 Parents!

Please find below the dates on which local high schools will be having Information Nights.

Dr. G. W. Williams S.S.

November 8th, 2018 @ 6:30 p.m.

Aurora High School

December 12th, 2018 @ 6:00 p.m.

A full listing of all the secondary school information evenings can be viewed by clicking [here](#). Parents and students are welcome at the Information Nights.

ready?
high set?
school!

Remembrance Day - November 11th



We will be conducting our annual Remembrance Day assembly on Friday, November 9th in the morning starting at 10:45.

Poppies will be given to students. A donation to the Legion is always welcome, but not required.

Thank you!

Stormy Winter Weather

When severe weather conditions threaten the safety of our students, the School Board informs radio stations about bus cancellations around 6:45 a.m. Parents and students may listen for bus cancellations on the following stations:

NEWS 640 CKDX 89.9

CJBC 860 CJKX 89.9

CFRB 1010 SRC 90.3

CHUM 1050 CHIN 1540

CHFI 98.1 CBC 99.1

CKFM 99.9 Q107 107.1

Cancellation of bus service **does not mean that schools are closed.**

Busses cancelled in the morning will **not** be running in the afternoon.

Parents who drive their children to

school in the morning must also pick them up at 3:05 p.m. On days when school busses have been cancelled, it is up to the parents to decide whether or not to send their children to school.

Parents are strongly encouraged to make an arrangement with a neighbour to ensure that their child knows where to go if they arrive home and nobody is there.



Healthy Schools

The Healthy School Committee would like to acknowledge and thank the Aurora Optimist Club who generously donated funds to our daily snack cart budget. We wouldn't be able to run this program without this support - thank you!

OPTIMIST CLUB



OF AURORA

Arrival of JK/SK Students



It is very important that all students arrive on time for school each day so that they do not miss out on any of the learning that takes place right from the start of the day. Teachers are on duty in the Kindergarten yard starting at 8:20 a.m. and our entry bell rings at 8:35 a.m. Students then line up and enter the building at this time. As soon as all students are inside, we lock the doors that lead to the Kindergarten yard. We respectfully ask that you drop your child off at the Kindergarten Yard (so that all students may enter together and be supervised by the school staff, and please make every effort to arrive on time. Your cooperation is greatly appreciated!

Late Busses

School busses typically have three runs in the morning and three more in the afternoon. As a “mid-start” school, we are the middle run for our busses, both in the morning and in the afternoon. This means that if our busses are delayed on their first run, the pick-up and drop-off times for our school will likely be affected. **We strongly encourage families to check the “Late Bus Report” on School Bus City (<http://www.schoolbuscity.com/latebus/>) on any morning where there is inclement weather.** This report lists both the route and the approximate delay for the bus so that you may plan accordingly.



Reminder to Parents: Friday, November 23rd is a P.A. Day. There is no school for students on the P.A. Day.

Halloween Candy... A Sticky Topic for Parents

At Halloween, children bring home candy after a spooky night of entertainment. Letting children include these goodies as part of a healthy diet will help them control the amount of candy they eat. The key is to provide structure:

1. After trick or treating, let your children empty their candy bag, sort it and eat as much of it as they want. Let them do the same the next day.
2. On the third day, have them put the candy away and only allow them to eat it during meals and snacks: a couple of small pieces for dessert and as much as they want for snack time.
3. If children can follow these rules, they get to keep control of the candy. Otherwise, parents take control.
4. Offer milk, fruit or vegetables with the candy to offer some nutrition.

Schedule meals and snacks at regular times and keep the routine of letting your child have Halloween candy only at these times. This way candy will not spoil a child's diet.

Remind children to brush their teeth after eating the candy and if this isn't possible, at least rinse their mouth.

Adapted from Your Child's Weight Helping without Harming Birth through Adolescence. Elyn Satter, 2005

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International Student Exchange - Ontario



**ELEMENTARY RECIPROCAL EXCHANGES
9 WEEKS in FRANCE or SWITZERLAND**

**SECONDARY RECIPROCAL EXCHANGES
9 WEEKS IN SWITZERLAND,
9 or 12 WEEKS IN FRANCE and
12 WEEKS IN SPAIN, GERMANY OR ITALY**

**SUMMER
3 WEEK RECIPROCAL EXCHANGE PROGRAMS IN
FRANCE, SWITZERLAND and QUEBEC
4 WEEK RECIPROCAL EXCHANGE PROGRAMS IN
FRANCE, SPAIN, ITALY, GERMANY and CHINA**

**INFORMATION MEETINGS for
INTERESTED ELEMENTARY & SECONDARY STUDENTS
& PARENTS**

will be held on











**WEDNESDAY, NOVEMBER 21
and MONDAY, NOVEMBER 26**

(your choice of date)

**in the CAFETERIA 7:00 to 8:30 p.m.
at the YORK REGION DISTRICT SCHOOL BOARD
ALEXANDER MACKENZIE H.S.
300 MAJOR MACKENZIE DRIVE WEST
RICHMOND HILL**

**Program Managers of York Region for ISE ONTARIO
and past participants
will be present to provide information and answer questions.
You may visit WWW.ISEONTARIO.ON.CA for details about exchange programs.**

November 2018

SUN	MON	TUES	WED	THURS	FRI	SAT
Character Trait of the Month E	29	30	31	1 Day 5 	2 Day 1 	3
4 m	5 Day 2	6 Day 3 Diwali	7 Day 4	8 Day 5 School Photo Retake Day Int. Girls' Area Volleyball Tournament 	9 Day 1 Remembrance Day Assembly 	10
11 Remembrance Day  p	12 Day 2	13 Day 3 Gr. 4s to Vivian Centre	14 Day 4 Gr. 2s to Vivian Centre Gr. 8s to Williams S.S.	15 Day 5 Int. Boys' Area Volleyball Tournament 	16 Day 1 	17
18 a	19 Day 2	20 Day 3 School Council Meeting @ 7:00 p.m.	21 Day 4 Progress Reports Go Home Spoken Word Workshop for Gr. 7s & 8s	22 Day 5 Vision Screening for SKs Parent-Teacher Interview Night 	23 P.A. Day Parent Teacher Interviews in AM	24
25 t	26 Day 1	27 Day 2	28 Day 3	29 Day 4 	30 Day 5 	1
2 h	3	4	5	6	7	8
2 y	3	4	5	6	7	8